

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2018

Guided Journeys

10:15 Daily Chronicles-DR 10:20 Beanbag Toss -DR 2:00 Matinee-DR 6:00 Sunset Club-DR Trivia							1						
10:15 Daily Chronicle-DR 10:20 Lawn Dice-DR 2:00 Matinee 2:30 Victory Bible Baptist Church Service-1st DR 6:00 Sunset Club-Sing-A-Long -DR <i>Happy Birthday Ellen Michaud! Happy Birthday Virginia Birkbeck!</i>	2	9:30 Morning Greetings 10:00 Ball Exercises-DR 10:30 Labor Day Trivia-DR 1:45 Labor Day Matinee-DR Labor Day	3	9:30 Morning Greetings 10:00 Daily Chronicles 10:05 Noodle Exercises 10:15 Tactile-L 10:30 Back to School Trivia 11:00 Poetry-L 1:00 Think Again-L 2:30 Baking Group: Strawberry Cream Cheese Bread 3:00 Manicures/Leisure Pursuits	4	9:30 Morning Greetings 10:00 Daily Chronicles 10:05 Movement to Music 10:15 Healing Touch Massage-L 10:30 Trivia 11:00 What's that Scent-L 1:00 Poetry-L 2:30 Relaxing on the Patio 2:45 1:1 Visits w/ Michelle 3:00 Singing on the Patio 6:00 Sunset Club-Sing-A-Long-DR	5	9:30 Morning Greetings 10:00 Daily Chronicles 10:05 Chair Tai Chi 10:15 Poetry-L 10:30 Categories 11:00 What's that Taste-L 1:00 Random Trivia-L 2:30 Music Bingo 2:45 1:1 Visits w/ Michelle 3:30 Sitcom 6:00 Sunset Club-Active Game-DR	6	9:30 Morning Greetings 10:00 Music Therapy w/ Katie 10:15 Music/Aromatherapy -L 10:45 What's in the Bag 11:00 Tactile-L 1:00 Fact or Fiction-L 2:30 Catholic Mass-1st DR 2:45 Matinee Sound of Music 6:00 Sunset Club-DR Active Game	7	10:15 Daily Chronicles-DR 10:20 Lawn Dice-DR 2:00 Matinee-DR 6:00 Sunset Club-Trivia-DR	8
10:15 Daily Chronicle-DR 10:20 Bean Bag Toss-DR 2:00 Matinee 2:30 Groton Heights Baptist Church Service-1st DR 2:45 Reminisce 6:00 Sunset Club--Sing-A-Long-DR Grandparents Day	9	9:30 Morning Greetings 10:00 Daily Chronicles 10:05 Ball Exercises 10:15 Music-L 10:30 The Love of Grandparents 11:00 Healing Touch Massage-L 1:00 Reading Corner-L 2:30 Celebrating Barbara Streisand-DR 3:00 Barbara Streisand in Concert-DR 6:00 Sunset Club-Reminisce School Days-DR <i>Happy Birthday Ralph Bennett! Rosh Hashanah</i>	10	9:30 Morning Greetings 10:00 Church Service w/ Sister Anderson & Sister Henderson-DR 10:15 All the Senses 1:00 Name that Tune-L 2:00 Entertainment by Dan Stevens-A 3:30 Leisure Pursuits <i>Happy Birthday Nancy Demarinis!</i>	11	9:30 Morning Greetings 10:00 Daily Chronicles 10:05 Movement to Music 10:15 Healing Touch Massage-L 10:30 Fill in the Blank 11:00 What's that Scent-L 1:00 Poetry-L 2:30 Crafters' Corner: Owls 6:00 Sunset Club-Poetry-DR	12	9:30 Morning Greetings 10:00 Senior Stories w/ Kim 10:15 Poetry-L 11:00 What's that Taste-L 1:00-Trivia-L 2:00 Rosary-1st DR 2:30 Animal Bingo 2:45 1:1 Visits w/ Michelle 3:45 Sitcom 6:00 Sunset Club- Active Game-DR <i>Happy Birthday Mattie Williams! Happy Birthday Duane Dubuque!</i>	13	9:30 Morning Greetings 10:00 Daily Chronicles 10:05 Coffee and Doughnuts 10:15 Music/Aromatherapy-L 10:30 Fall Sing-A-Long 11:00 Tactile-L 1:00 Short Stories-L 2:30 Zumba w/ Monica-1st DR 2:30 Cannonball Drop 3:15 Penny Ante 6:00 Sunset Club-DR Active Game	14	10:15 Daily Chronicles-DR 10:20 Morning Stretch -DR 2:00 Matinee-DR 6:00 Sunset Club-Trivia-DR	15
10:15 Daily Chronicle-DR 10:20 Basketball-DR 2:00 Matinee 2:30 Grace Baptist Church Service-1st DR 2:45 A Time of Reflection 6:00 Sunset Club-Sing-A-Long -DR	16	9:30 Morning Greetings 10:00 Daily Chronicles 10:05 Ball Exercises 10:15 Music-L 10:30 Random Trivia 11:00 Healing Touch Massage -L 1:00 Reading Corner-L 2:30 Manicures/Hand Massages 3:00 Songs that Make You Smile 6:00 Sunset Club-Fact or Fiction-DR	17	9:30 Morning Greetings 10:00 Church Service w/ Sister Anderson & Sister Henderson-DR 10:15 All the Senses 1:00 I Hear Memories-L 1:30 Methodist Service-1st DR 2:30 Signs of Autumn 3:00 Leisure Pursuits	18	9:30 Morning Greetings 10:00 Daily Chronicles 10:05 Movement to Music 10:15 Healing Touch Massage-L 10:30 What's in the Bag 11:00 What's that Scent-L 1:00 Poetry-L 2:30 Lawn Dice-DR 3:30 Sing-A-Long-DR 6:00 Sunset Club Sing-A-Long-DR Yom Kippur	19	9:30 Morning Greetings 10:00 Daily Chronicles 10:05 Noodle Exercises 10:15 Poetry-L 10:30 Apple Trivia 11:00 What's that Taste-L 1:00-Trivia-L 2:00 Rosary-1st DR 3:00 Apple Festival-A 6:00 Sunset Club- Active Game-DR	20	9:30 Morning Greetings 10:00 Music Therapy w/ Katie 10:15 Music/Aromatherapy-L 10:45 Oktoberfest Trivia 11:00 Tactile-L 1:00 Fill in the Blank-L 2:30 Expression Through Painting 3:30 Sitcom 6:00 Sunset Club-DR Active game	21	10:15 Daily Chronicles-DR 10:20 Chair Exercises -DR 1:00-3:00 Car Show 2:00 Matinee-DR 6:00 Sunset Club-Trivia-DR <i>Happy Birthday Doris Martin!</i> Autumn Begins Oktoberfest Begins	22
10:15 Daily Chronicle-DR 10:20 Ring Toss-DR 2:00 Matinee 2:30 Born Again Cristian Church Service-1st DR 2:45 Author For A Day 6:00 Sunset Club-Sing-A-Long -DR	23	9:30 Morning Greetings 10:00 Book Buddies-DR 10:15 Music-L 11:00 Healing Touch Massage-L 1:00 Reading Corner -L 2:30 Oktoberfest Birthday Party w/ John Banker-A 6:00 Sunset Club-Jumbo-DR Sukkot	24	9:30 Morning Greetings 10:00 Church Service w/ Sister Anderson & Sister Henderson-DR 10:15 All the Senses 1:30 Food Committee-1 st DR 2:30 Baking Group: Apple Upside Down Cake 3:00 Manicures/Leisure Pursuits	25	9:30 Morning Greetings 10:00 Daily Chronicles 10:05 Movement to Music 10:15 Healing Touch Massage-L 10:30 Trivia 11:00 What's that Scent-L 1:00 Poetry-L 2:30 Crafters' Corner: Apple Trees 3:15 Resident Council-1st DR 6:00 Sunset Club-Poetry-DR	26	9:30 Morning Greetings 10:00 Daily Chronicles 10:05 Chair Tai Chi 10:15 Poetry-L 10:30 Concentration 11:00 What's that Taste-L 1:00-Trivia-L 2:00 Rosary-1st DR 2:30 Bowling 2:45 1:1 Visits w/ Michelle 3:30 Sitcom 6:00 Sunset Club- Active Game-DR	27	9:30 Morning Greetings 10:00 Daily Chronicles 10:05 Coffee and Doughnuts 10:15 Music/Aromatherapy-L 10:30 Famous People Trivia 11:00 Tactile-L 2:00 Matinee Mary Poppins -DR 6:00 Sunset Club-DR Active Game	28	10:15 Daily Chronicles-DR 10:20 Basketball -DR 2:00 Matinee-DR 6:00 Sunset Club-Trivia-DR	29
10:15 Daily Chronicle-DR 10:20 Beach Ball Bop-DR 2:00 Matinee 2:30 Hymns w/Karen-1st DR 2:45 Inspirational Reading 6:00 Sunset Club- -DR Sing- A-Long	30	<p>All activities take place in the Recreation Room unless otherwise noted</p> <p>DR – Dining Room L – Lounge A – Auditorium 1st DR – 1st Floor Dining Room</p>											

**** ALL ACTIVITIES ARE SUBJECT TO CHANGE**MAIL DELIVERYAND ROOM VISITS ARE DONE DAILY**RELIGIOUS SERVICES ARE OPEN TO ALL DENOMINATIONS****